

SUPPORT FOR STUDENTS GROWTH CENTER

NEWSLETTER

February 2015



Monthly Parent Workshop

- The topic for the February workshop will be **“How to Crush the FSA, Tips and Tricks for Parents”**. Dr. Nach will be the presenter of the workshop and will be available to answer questions. This free workshop for parents will be held on Monday February 9th, 2015 from 7:00-8:30p, in our “high-tech” Boca Raton office.
- Please RSVP to phone or email below.
- You are encouraged to bring a friend or two, please no children to this event.
- The topic for the March workshop will be **“Developing Positive Behavior Interventions for Children, Teens, and Young Adults”**.

Social Skills Groups Topics for The Month

- How to calm ourselves down when we are angry or upset
- Remembering the names of the people we meet
- Identifying and accepting compliments from others
- How to become part of a group
- **Parents will be provided with Weekly Topic Updates to help generalize targeted behaviors.**

Did You Know We Also Offer...

- A daily **Summer Camp** for children and teens with special needs. (ages 6-13)
- In addition to social skills, we offer **“executive functioning groups”** (3rd-12th grades) and **“post-transition programs”** (ages 16-adult)
- **Academic Coaching** and **Behavior Modification** Programming.
- Individual and family **psychotherapy**.

Tips and Trick

Using positive reinforcement often works best when trying to modify the behavior of children and teens. Instead of taking away what your child values, try providing them with the opportunity to earn time with their preferred activity.

Ask us, we will show you how.....

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