

## Parent Tip #14

- **Offering visual cues to clarify the passage of time may be helpful. Individuals with "learning differences" may have trouble perceiving the passage of time, an invisible concept, and the use of a monthly, weekly, and/or daily calendar may assist in tracking time out of school/in a quarantine situation.**
- **While we do not know an “end” date to today’s uncertainty, marking the passage of time as well as including favorite activities, such as shows, online meetups, or game night on the calendar can be a helpful coping strategy.**

Adapted from (AFIRM) is an extension of the National Professional Development Center (NPDC) on ASD

