

# Parent Tip #40

## Following Cues to Transitioning

- Our children may have difficulty moving from one activity to the next, following directions, physically and emotionally.
- As our child experiences transitioning activities their anxiety level will likely increase. Thus, they may need to be coached through the transition.
- Use visual schedules and/or role-playing to help the child prepare for moving on to the next activity.
- At home, parents can prepare our child to be effective at listening to improve their transitioning skills by creating situations, i.e., stopping playing a game and starting another activity, where intense listening is required to help the child become more effective at transitioning.

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