



Therapeutic Social Skills Groups

14 different groups for Ages 5 through Mid 20's

Spring 2024 Series begins the week of January 16, 2024 through May 17th, 2024.

Since 2012 we have been modeling our groups from the most popular social skills curriculums including those from the PEER© program out of UCLA, Michelle Garcia Winner, Jed Baker and clinical expertise stretching over 30 years.

Since 2012 Dr. Eric Nach and his team of professional therapists, counselors and special educators have been providing “*Therapeutic Social Skills Groups*” for individuals (Ages 5 through Mid-20's) in our Boca Raton facility and virtually.

We have **14** different groups that meet on a weekly basis.

*All groups are formed based on **age, ability and needs**.

*All groups meet on a **specific day and time** each week throughout the year.

*All groups are staffed on a 4:1 basis (**only licensed and Master or Doctoral level counselors**)

*All groups include a “**Weekly Topic Update**” and debrief, for **parents**.

*All groups are selected from a bank of over **90 different topics**

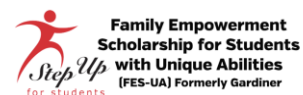
*All new participants are **required** to schedule an initial consultation, to **ensure proper placement** in our groups.

Through brainstorming, modeling, role-playing, modeling and cooperative activities, participants will improve:

- Making and Nurturing Friendships
- Flexibility and Frustration Tolerance
- Attention and Focus
- Self-Esteem and Confidence
- Impulse Control
- Problem-solving Skills
- Decision-making Skills
- Conflict Resolution Skills and Relaxation Skills
- Conversation and Assertiveness Skills

Our “therapeutic social skills” groups are specifically created for individuals with or without diagnosis, including neurodiverse children, teens and young adults with socialization challenges.

CALL NOW! 561-990-7305
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